

# Pledge for Action™

I, \_\_\_\_\_, pledge to do my best to help my family, friends, and peers in potentially dangerous situations in which drugs, alcohol, a violent person, or other threats to their safety and well-being are present. I will do this by having the focus and self-control necessary to remain aware of my surroundings, the wisdom to identify dangerous situations, and the courage to take action in confronting my friends when their judgment is impaired.

I recognize that these dangerous situations may arise at times when people feel safe and comfortable, such as at bars, parties (especially when alcohol is influencing the situation and a person is trying to “hook up” with another individual), or in the context of a romantic relationship. I realize that it may not always be easy to help people from harm in these situations, but by remaining watchful and showing care and concern, I may help to prevent a sexual assault from occurring.

I understand that the ONLY person responsible for a sexual assault is the person who engages in sexual contact without the consent of the other person. Through my own positive words, actions, and beliefs, I am taking the responsibility of helping to end sexual assault. I will share with people the importance of consent and the need to obtain consent with your partner by **Asking First**. I will treat all survivors of sexual assault with my respect and admiration. I will inform all of my family, friends, and peers that *“If anyone ever has or ever does sexually touch you without your consent, I will fully support you. I will always be here for you. Always (from simply listening to helping you seek the proper support from professionals)!”* During the next 24 hours, I will start taking action by saying these words to at least 3 people.

Sexual assault is a horrific and traumatic crime. My active commitment to this project will help reduce the violence in my community and create a safer atmosphere for everyone.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

“The Pledge for Action” is brought to you by:



**The DATE SAFE Project**  
**Request Consent. Demand Respect.**

For more information, please visit: [www.pledge4action.org](http://www.pledge4action.org)

This second page is the portion individuals sign that gets posted throughout your community. You can redesign the look to fit your printing needs. People should sign their names across the 2 sides of the heart.

*I PLEDGE for ACTION<sup>RM</sup>*



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